

REFORMER PILATES POLICIES

EFFECTIVE MONDAY, JULY 15, 2024

- Please notify your instructor of any medical considerations, including past and present injuries, pregnancy, etc., that might require exercise modifications before the start of class!
- Reservations open **49 hours** before class time.
- To avoid being charged, cancellations MUST be done **14 hours** before class time!
- If you do not unregister for a class 14 hours in advance, **you will be charged for that class.**
- If you move from the waitlist to registered status, you have a 12-hour window to cancel before the class, or you will be charged for that class. If you are added to the class inside the 12-hour window and do not take it, you will not be charged.
- When registered for a class, you MUST be ready and on your Reformer at the start of that class. If those on the waitlist are present and ready, your Reformer will be forfeited at the start of the class. **You are allowed a 5-minute grace period for tardiness.** After that, you cannot join the class regardless of reformer availability.
- No cell phones during class. If you have an emergency, please excuse yourself from class. Please be respectful of your classmates and teachers!
- Stay for the entire class (this includes stretching!). If you have a special circumstance, let the instructor know before class starts, and please grab a reformer by the exit.
- Grip socks are required for all classes.